



FEMININE BEAUTY

SYDNEY PLASTIC SURGEON
DR LAITH BARNOUTI
 DISCUSSES SOME OF
 THE KEY ELEMENTS OF
 SUCCESSFUL BREAST
 AUGMENTATION.



BEFORE



AFTER breast augmentation Dr Barnouti



BEFORE



AFTER breast augmentation by Dr Barnouti with Enhanced Brazilian implant

Significant advances in breast augmentation surgery, both in terms of implants and techniques, have meant more and more women can achieve the breasts they have long desired. Breast surgery can not only increase size but also improve shape and help to correct any asymmetries of the breast.

However, there are numerous aspects to consider in order to avoid an obvious 'boob job' and instead create beautiful, natural-looking breasts that harmonise with the rest of the body.

Choosing the right implant is key to a successful result. It must suit the individual's chest dimensions, producing breasts that don't look surgically enhanced. A successful breast augmentation should look and feel natural. There should be some degree of cleavage, without webbing between the breasts and a certain amount of perkiness.

Implant shape

Implants can be round, teardrop shaped or a combination, known as 'natural enhance' Brazilian implants. Round

Brazilian implants are disc-shaped and exhibit equal fullness in all four quadrants of the breast. Teardrop, or anatomical, implants exhibit reduced fullness in the upper pole of the breast and increased fullness in the lower half of the breast. These implants are narrower than rounded implants at the superior and inferior poles.

Brazilian 'natural enhance' implants are teardrop implants that are round in shape (the height and width of the implants are equivalent). Each implant can be further classified into low, medium and high profiles. A low-profile implant has a broader base and lower height when viewed on a table next to a high-profile implant of comparable volume (a medium-profile implant has base and height dimensions in between the two).

Safety and efficacy of silicone

Silicone is probably the most studied implantable material available today. After more than 35 well-conducted studies from many countries, it seems certain that this material does not cause disease. There is also no hard evidence

breasts



BEFORE



AFTER breast augmentation by Dr Barnouti with teardrop implants



BEFORE



AFTER breast augmentation by Dr Barnouti with teardrop implant, producing upper pole fullness



BEFORE



AFTER breast augmentation by Dr Barnouti

that a broken implant is harmful. Almost all of the problems that can occur with breast implants, such as infection, hardening, extrusion and malposition, are related to the actual surgical procedure as opposed to the implant itself.

A great deal of recent safety research combined with more than 40 years of clinical experience has proven the relative safety of breast implants. Aside from the unique adverse effect of capsular contracture, the complication rate of this surgery approaches that of any clean elective procedure. To date, no convincing evidence exists of any systemic disorder that can be attributed to silicone. **acsm**

Some considerations that make for a desirable breast augmentation include:

- Place of incision
- Type of implant
- Placement of implant
- Texture of implant
- Size of implant
- Thickness of the patient's natural breast tissue
- Presence of sagginess
- Asymmetry
- Patient's desired breast width, height and projection.